

A PICK-AND-CHOOSE LIST FOR MUSIC STUDY WITH LYNNE

A. EAR TRAINING

- 1) When listening to any music during the day, try to identify the meter the music you are hearing is in.
- 2) When listening to any music during the day, try to identify when you hear the harmonic cadences, like “Five-One”, or “Four-One”.
- 3) Sing Major and minor scales, while away from your instrument. Sing numbers. Sing letters. Sing Solfegge syllables.
- 4) Sing Diatonic triads from any key, up and down the scale, while away from your instrument. Sing with numbers, letters, solfegge.
- 5) Listen to Aebersold Ear Training CD, or use Band in a Box Ear Training. Focus on interval recognition.

B. THEORY

- 6) Recite the musical alphabet out loud. First, say it alphabetically from each letter. Then, say alphabet soup from each letter.
- 7) Practice spelling all 30 major and minor keys. Name the degrees. Name the chords in the key. Visualize them on your instrument.
- 8) Practice spelling all 30 of the major and minor triads, seventh chords, ninths, thirteenth, etc. Visualize them on your instrument.
- 9) Figure out and spell three Secondary Dominant chords from any key.
- 10) Practice spelling chords from within one key. Begin with triads. Then 7ths, 9ths, 11ths and 13th chords.

Ex : G = G, B, D G7= G,B,D,F G9= G,B,D,F,A G11= G,B,D,F,A,C G13= G,B,D,F,A,C,E

C. TECHNIQUE

- 11) Play Major Scales on your instrument. Use a metronome to work rhythms. Piano players : Two hands. Bassists : Two directions.
- 12) Play Major and Minor triads and their inversions, broken or blocked, around the cycle.
- 13) Play an Accompaniment Pattern with Major or Minor Primary Chord Harmony.
- 14) Play the seven diatonic triads from any one key on your instrument, blocked or broken.

D. READING / REPERTOIRE

- 15) Sight read 4 measures of music that is totally new to you. Do a quick scan beforehand, then GO!
- 16) Play note-for-note at least 8 measures of something, anything, from memory on your instrument.
- 17) Take a piece of music away from your instrument, and read it. Identify any chords with letters and Roman Numerals.
- 18) Transcribe any phrase of melody from memory. Use Nursery Rhymes, Pop tunes, Bass Lines, any short phrase.
- 19) Try to transcribe 4 complete measures of something you have memorized. Use Key Signatures and Time Signatures.