

Groove Mechanics

Steps to Building a Solid Groove

1. JUST PLAY THE ROOTS!

★ Lock in with the Kick drum

★ This is your basic groove pattern - you only ADD to it

2. ADD IN 1/2 STEP APPROACH TONES.

★ From above or below the target note.

3. ADD THE 5TH AND THE OCTAVE.

★ Keep the same groove pattern going at all times.

4. BUILD A “RIFF” USING THE CHORD TONES.

★ Always keep your basic groove pattern going!

★ Move the riff from chord to chord with the changes.

5. USE A CONNECTING LINE FROM ROOT TO ROOT.

★ Just think about going UP or DOWN to connect to the next root.

6. ADD FILLS BETWEEN EACH SECTION OF THE SONG.

★ Use chord tones in any sequence

★ Use a triplet rhythm to create a rhythmic variation